

NASMHPD Center for Innovation in Health Policy and Practice Resources

**Visit our webpage on the NASMHPD website under the
Technical Assistance banner for these resources are more!**

- [Rethinking Crisis Strategies to Move from Crisis to Empowerment Workbook](#)
- [Tapping Into Our Inner Strength: A Survivor's Guide to Getting Through Crisis](#)
- [Using Your Spirituality During COVID-19 Times](#)
- [Workbook for Kids: Managing Big Feelings During COVID-19](#)
- [Workbook for Kids Parent Supplement: Supporting Our Child Through COVID-19](#)
- [Supporting Older Adults During COVID-19 Times](#)
- [Innovative Practices to Support Behavioral Health Peer and Direct Care Staff during COVID-19 Crisis Town Hall Series](#)