Connected and Strong

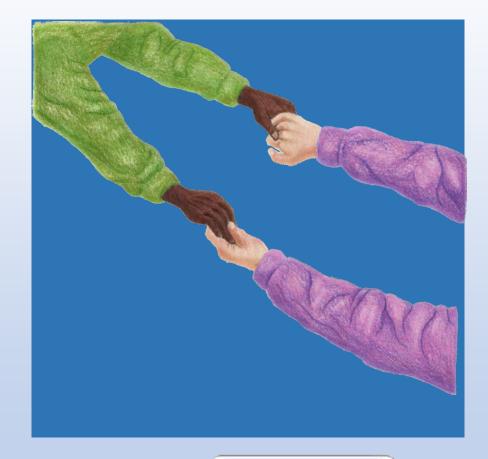
Strategies for Accessible and Effective Crisis and Mental Health Services

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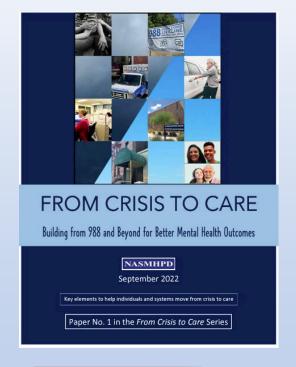
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Where are we coming from?







Where are we now?





FEBRUARY 07, 2023

FACT SHEET: In State of the Union, President Biden to Outline Vision to Advance Progress on Unity Agenda in Year Ahead

President Biden's Unity Agenda seeks to:

- Strengthen system capacity
 - Workforce (including peers)
 - Implement 988 and crisis continuum
- Connect Americans to care
 - SMI/SUD integration
 - Same-day care access
 - Telehealth
- Create healthy environments:
 - Social media and youth mental health
 - School-based mental health
 - Resources for justice-involved populations

Source: FACT SHEET: President Biden to Announce Strategy to Address Our National Mental Health Crisis, As Part of Unity Agenda in his First State of the Union
The White House. March 2022. Accessed from: https://www.whitehouse.gov/briefing-room/statements-releases/2022/03/01/fact-sheet-president-biden-to-announce-strategy-to-address-our-national-mental-health-crisis-as-part-of-unity-agenda-in-his-first-state-of-the-union/



Where are we now?



SAMHSA moves quickly to begin releasing \$110 million in emergency grant funding to provide Americans with substance use treatment and mental health services

during the COVID-19 pandemic

Monday, April 20, 2020



Source: Substance Abuse and Mental Health Services Administration (SAMHSA. Rockville, MD, April 2020. Accessed from https://www.samhsa.gov/newsroom/pressannouncements/202004200430





Where are we now?



Over the last year, you've told us...

- The workforce is in crisis.
- We can do a better job of matching level of need with level of care.
- The end of the public health emergency presents new challenges.
- There are challenges and opportunities with the current fiscal climate.
- Opioids and other substances continue to devastate our communities...
- ...as does suicide.
- We need to reimagine the intersection of mental health and justice.
- We need to address social determinants of health.
- Youth are in crisis.



(and how do we get there?)



Unifying Principles

Engage multidisciplinary perspectives

Strengthen and connect social services

Facilitate social connection

Address and prevent trauma

Foster engagement across all populations

Connected and Strong Mental
Health and Crisis Response Systems
that are Accessible and Effective



(and how do we get there?)



Unifying Principles

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Multi-perspective input and strengthening new and old partnerships remain top priorities for building out a united strategy for crisis services and beyond.

- Public Safety Access Points and Computer Assisted Dispatch systems
- EMS and Police
- Faith leaders
- Tribal leaders
- Physical healthcare
- Schools
- Corrections
- Intellectual/Developmental Disability
- Information Technology
- ...and more



(and how do we get there?)



Unifying Principles

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Strengthen and connect social services for crisis prevention and postvention.

- Attend to basic needs to better meet emotional and psychological needs
- Facilitate connection between service systems to keep individuals from falling through the cracks
- Prevent incarceration, institutionalization, and homelessness.



Accessed from: https://www.simplypsychology.org/maslow.html



(and how do we get there?)



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Facilitate social connection to prevent mental illness and promote well-being.

- screening for loneliness
- community engagement and social connection
- access to mental health peer support
- technology facilitates connection for some...
- ...and is isolating for others
- Connected and supportive workplaces



Connected and Strong

(and how do we get there?)

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Trauma informed systems that are accountable to all populations are critical for the people served and the workforce members who serve them.

- Recognize role of trauma in crisis presentation and ensure crisis care does not perpetuate harms or retraumatize
- Stress of marginalization and importance of culturally competent crisis care
- welcoming environments
- person-centered care plans
- positive childhood experiences



(and how do we get there?)



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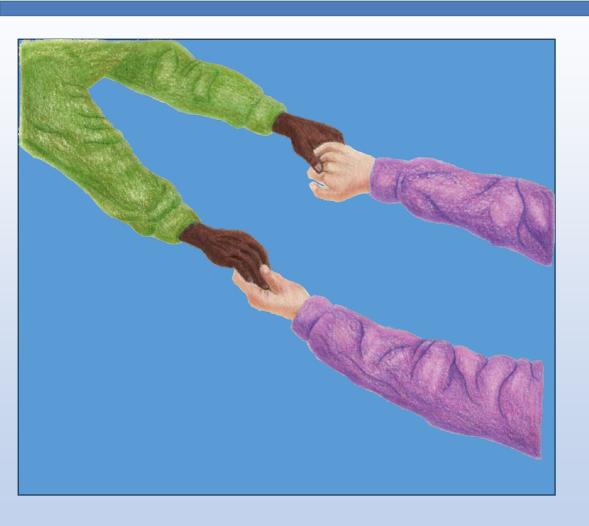
Foster engagement across all populations

Access and engagement across all populations requires more intention and research to improve outcomes

- Access to care and retention in care
- Research to understand barriers to treatment
- Importance of therapeutic alliances and person-centered care
- Improving care transitions
- Navigation







Connected and Strong focuses on implementing a connected, strong, comprehensive and effective behavioral health crisis services system nationwide that is accessible to all. Together, these papers lay out recommendations and highlight specific strategies to connect the oftentimes fragmented crisis care system, and strengthen America's approach to providing behavioral healthcare overall, in accordance with President Biden's Unity Agenda.





Peer Support Services Across the Crisis
Continuum

Growing and Strengthening the Behavioral Health Crisis Response Workforce

Medical Approaches to Mental Health and Substance Use Crisis Encounters

Innovative Uses of Technology to Enhance Access to Services within the Crisis Continuum

988 and 911 Interoperability: Leveraging Strengths and Opportunity

Facilitating Rapid Access to Outpatient Mental Health and Substance Use Care

Increasing Equitable Access to Co-Occurring Care

Intersectionality: Faith, Mental Health and Community Partnerships

Long COVID and Vulnerable Populations

Unity Agenda: Strengthen System Capacity

Peers Support Services Across the Crisis Continuum Amy Brinkley (NASMHPD) & Justin Volpe (NASMHPD)

Growing and Strengthening the Behavioral Health Crisis Response Workforce Lance Washington, MA (Former NRI) & Robert Shaw, MA (NRI)





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Unity Agenda: Connect Americans to Care

Medical Approaches to Mental Health and Substance Use Crisis Encounters

Chuck Browning, MD (RI International), Rob Cotes, MD (Emory), Lisa St. George MSW,

CPRP (Former RI International), Michael Riddle, MD (RI International) & Debra Pinals, MD

(NASMHPD)

Innovative Uses of Technology to Enhance Access to Services within the Crisis Continuum Mihran Kazandjian, M.A. (NRI) & Kristin Neylon, M.A. (NRI)

988 and 911 Interoperability: Leveraging Strengths and Opportunity Arlene Stephenson, MAS, NHDP (NASMHPD), April Naturale (Vibrant Emotional Health), Amanda Miller (Vibrant Emotional Health) & Debra Pinals (NASMHPD)





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Unity Agenda: Connect Americans to Care (Cont'd.)

Facilitating Rapid Access to Outpatient Mental Health and Substance Use Care Renee Boak, MPH (National Council for Mental Wellbeing) & Joe Parks, MD (National Council for Mental Wellbeing)

Increasing Equitable Access to Co-Occurring Care

Ayorkor Gaba, Psy.D. (University of Massachusetts Chan Medical School), Angela

Wangari Walter, PhD, MPH, MSW (University of Massachusetts Lowell Zuckerberg

College of Health Sciences) & Debra A. Pinals, MD (NASMHPD)

Intersectionality: Faith, Mental Health, and Community Partnerships

Dawn Brown (NAMI), Britannia Wanstrath (NAMI), Darcy Gruttadaro, JD – (NAMI) &

Jill Shumann (Former NAMI)



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Unity Agenda: Create Healthy Environments

Long COVID and Vulnerable Populations

Lucy Ogbu-Nwobodo, MD, MS, MAS (UCSF), Allison Hwong, MD, PhD (USCF),

Matthew L. Goldman, MD, MS (UCSF), Karly Murphy, MD, MHS (UCSF) & James W.

Dilley, MD (UCSF)



Thank You!



Questions?

