

Empowering the Roles of Lived Experience: NASMHPD's Voices

Featuring: Amy Brinkley and Justin Volpe

National Association of State Mental Health Program Directors

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Agenda

- ✓ **Introductions:** Justin Volpe and Amy Brinkley
- ✓ **DRSS Survey 2021**
- ✓ **Peer Recovery Workforce**
- ✓ **What We Offer?**
- ✓ **Questions**



BIO

Justin is an international consultant, advocate, and peer specialist based out of Miami, FL. He has presented and trained mental health facilities and other organizations on trauma informed practices and used his life experiences to discuss workforce issues and connecting community providers to better serve individuals in need. Previously before his role with NASMHPD, Justin worked as a Jail Diversion Peer Liaison for the 11th Judicial Criminal Mental Health Project for 14 years. He has worked as a Certified Recovery Peer Specialist in Florida since 2008.

Justin has extensive work experience in the community and has supervised and coordinated thousands of engagements with participants with serious mental health and co-occurring issues in the criminal justice system. He has assisted in training over 2,500 Miami Dade Law Enforcement Officers in Crisis Intervention Team Training. His passion for this work is based on bringing systems together locally and nationally while reducing stigma and advocating for the persons served. He is recently the recipient of the 2021 Fred Frese Award from CIT International and has many other awards and achievements; including multiple articles and film Definition of Insanity, (PBS 2020) with his experience with the Jail Diversion Program and a Ken Burns Documentary: “Hiding in Plain Sight” (PBS 2022) on Youth Mental Health.

Justin Volpe

Peer Support Specialist

NASMHPD





Bio

Amy Brinkley served for (5) five years as the Director of Recovery Support Services in the state of Indiana working to expand peer/recovery support services across the state with the Indiana Division of Mental Health and Addiction. She most recently served for 2 years as the Chairperson for NASMHPD's Division of Recovery Support Services advocating for the professionalization of recovery supports across the country and currently Amy serves as NASMHPD's (National Association of State Mental Health Program Directors) Recovery Support Systems Coordinator. Amy has been author on several APA articles related to peer support through her work on the APA Policy Advisory Board and continues to serve in this capacity today.

Amy is a person with direct lived experience with Mental Health and Substance Use recovery and the criminal justice system. Her passion and expertise are driven from the loss of three brothers to suicide and her heart is to advocate for change across the country through effective recovery data collection and evaluation processes that drive recovery-oriented outcomes which will in turn improve the quality of life and recovery for people with substance use disorders and mental illness.

Amy Brinkley

Recovery Support Systems
Coordinator

NASMHPD



NASMHPD Division of Recovery Support Services (DRSS) 2021 Survey Overview

Key Takeaways

DRSS Members

- 44 States/Territories Received the Survey
- 19 States/Territories Responded

Types of RSS Focus of RSS

- 20 Distinct RSS Types Reported
- 12 Diverse Populations Targeted

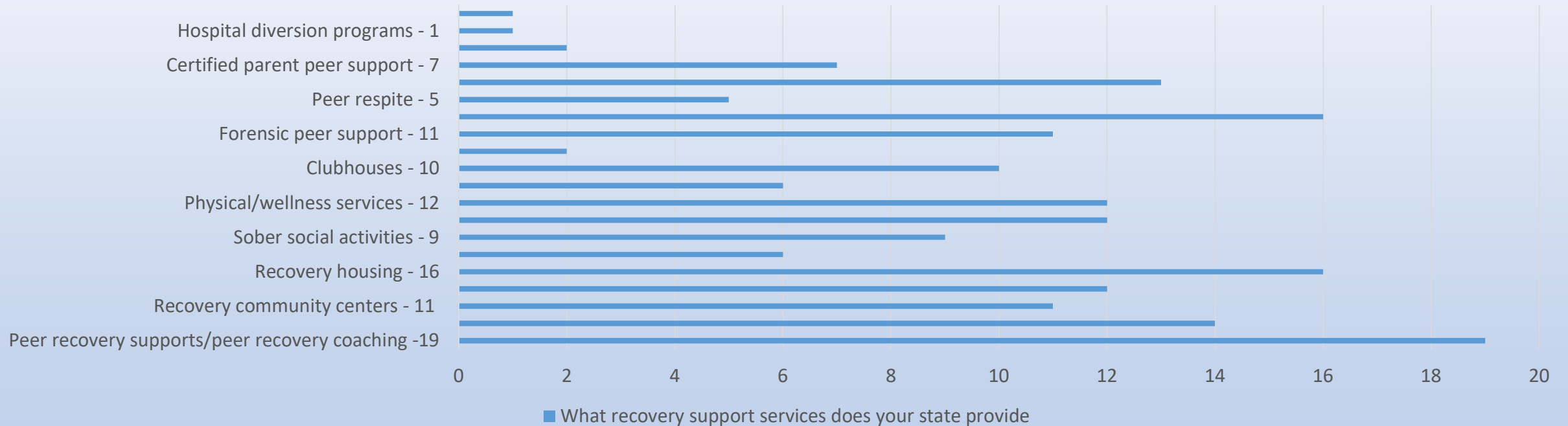
RSS Partnerships RSS Funding

- 12 Diverse State Agencies/Systems Involved in RSS Implementation
- 8 Diverse Funding Streams Used to Implement RSS

DRSS 2021 Survey answered by States

Types of Recovery Support Services Offered

What recovery support services does your state provide



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Peer Recovery Workforce Challenges:

- Peer workforce is short 1 million Peers
- Difficulty meeting hiring requirements
- Pay does not meet living standards
- Staff does not know how to work with Peers
- Logistic Issues

Peer Recovery Workforce Strengths:

- Trauma Informed Organizations
- Paying Peers Living Wages
- Non-traditional funding sources
- Training and building workforce in schools
- Getting Peers with CJ issues careers

**Empowering
the Roles of
Lived
Experience:
NASMHPD's
Voices:
'WHAT WE
CAN OFFER'**

Justin's Role at NASMHPD:

- Technical Assistance in any Peer related State issues
- Workforce Development Support from a Trauma Informed Lens
- NASMHPD's Internal Peer Support Specialist/Subject Matter Expert

Amy's Role at NASMHPD:

- Offered Subject Matter Expertise to Commissioners on State Coordination Calls
- Technical Assistance to the Division of Recovery Support Services leads/liaisons
- NASMHPD Internal Recovery Support Systems Coordinator

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Contact

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Thank
you!