



Building the Older Adult Mental Health & Substance Use Workforce: E4 Center Perspectives

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for Excellence in Aging



Grant#: 6H79FG000600-01M001
SAMHSA's mission is to reduce the impact of substance misuse and mental illness on America's communities.
1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TDD) • www.samhsa.gov



Older adults with mental health issues are *more* likely than younger adults to have:

- Functional impairment¹,
- Poor mobility²,
- Symptom burden³
- Longer hospital stays⁴
- Health issues that put them at risk for loneliness⁵

¹Haigh et al, 2018; ²Lampinen et al, 2003; ³Abdel-Kader 2009; ⁴Myers et al, 2012; ⁵Ilgen et al, 2010



Older adults are *less* likely than younger adults to:

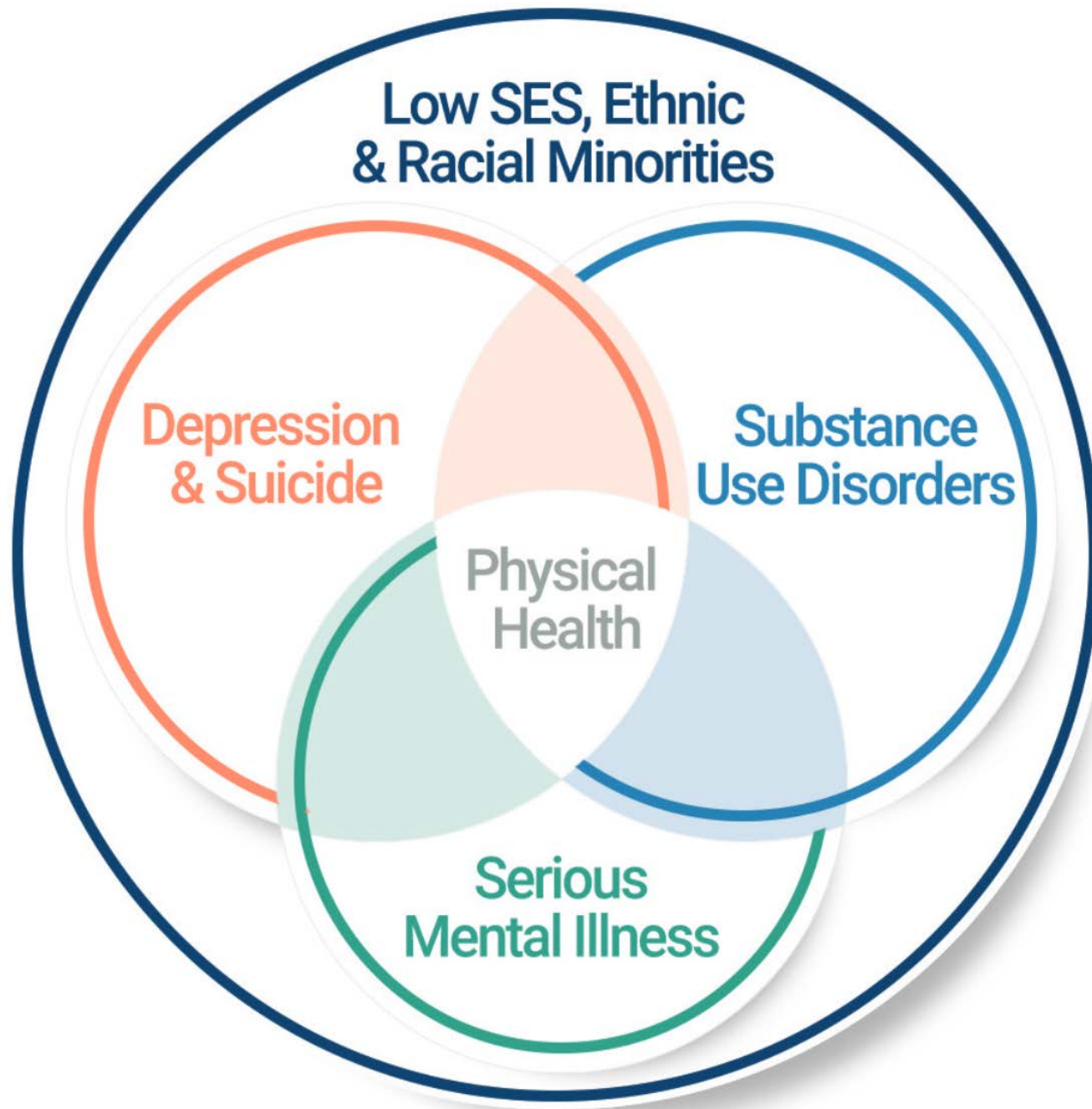
- Pursue or engage in mental health¹ or SUD⁵ treatment
- Survive a suicide attempt⁴
- Receive adequate services² especially if Black or Latino³

¹Wang et al 2000; ²Bartels et al 1997; ³Wang et al 2010; ⁴Wang et al 2010; ⁵Wang et al 2010

Mission

Engage, Empower, and Educate health care providers and community-based organizations for **Equity** in behavioral health for older adults and their families across the US.







We're Listening

- Learning Community
- Evidence-Based Practice Series
- NASMHPD OPD meetings
- Practice Resource Development
- 3-day live certificate program
- Policy Academies



Invite you to participate in the
E4 Center Pennsylvania Policy Academy

You are invited to participate in three Zoom meetings, with technical assistance follow-up.

Policy Academy meetings will be facilitated by E4 Center Leadership Team members Steve Bartels, MD, Fred Blow, PhD, Erin Emery-Tiburcio, PhD, and Robyn Golden, LCSW.

Meeting¹

The first meeting will include a brief presentation about unique issues in older adult mental health and substance use. This will be followed by a discussion of addressing these issues with examples of programs that have worked to bring state organizations together in other areas by the E4 Center team. Participants will identify key local issues and begin to generate possible local solutions. (2 hours)

Meeting²

E4 Center staff will re-cap the first meeting and frame an agenda for breakout groups to then generate cross-sector collaborative ideas. (2 hours)

Meeting³

Participants will discuss ideas generated and produce joint action plans with goals, objectives, activities, timelines, designated lead and support responsibilities, communication, and meeting plans with technical assistance from the E4 Center team. (2 hours)



Workforce Issues

- Burnout
- High turnover
- Staff shortages
- Inadequately trained staff



Center for Excellence in Aging



CATCH-ON

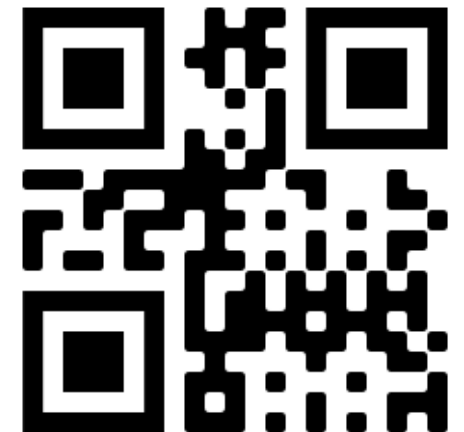
Collaborative Action Team training for Community Health – Older adult Network
A HRSA GERIATRIC WORKFORCE ENHANCEMENT PROGRAM



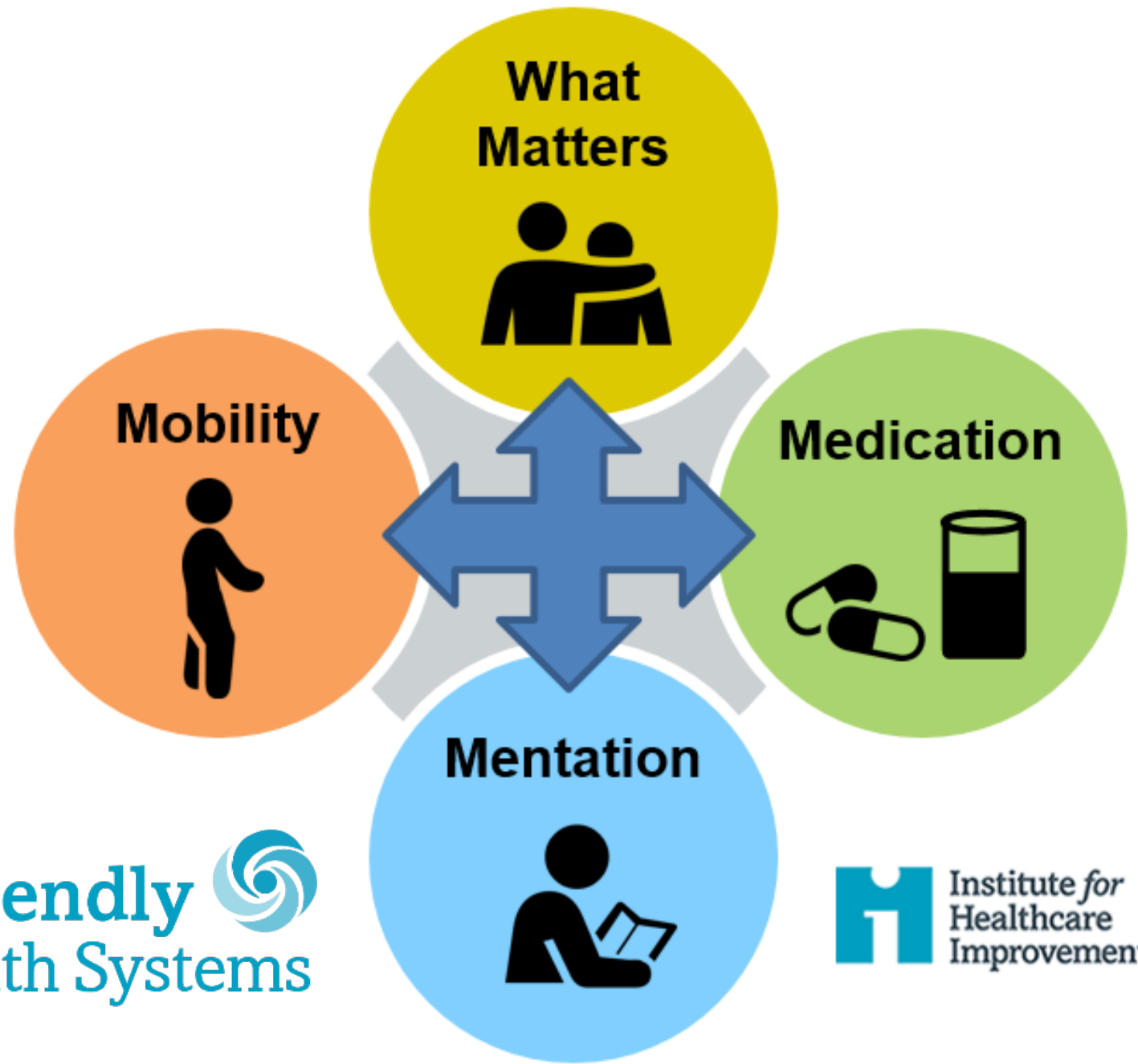
Foundational Competencies in Older Adult Mental Health Online Certificate Program



<https://e4center.org/>



4Ms Behavioral Health



Age-Friendly
Health Systems

Institute for
Healthcare
Improvement



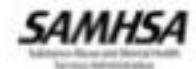
Utilizing Cross-Sector Partnerships to Reduce Behavioral Health Disparities in Older Adults

September 2021



The Business Case for Initiatives to Improve Behavioral Health in Older Adults

2022



988 Call Center Education



- Concerns about awareness of older adult needs
- Request: 90 minutes of education on unique issues in older adult crises for PA crisis centers
- SAMHSA & Vibrant Emotional Health support for sharing training nationally

Six 15-minute modules:

- Ageism
- Depression and anxiety
- Suicide risk
- Cognition
- Substance use
- Life and health

<https://e4center.org/>



Engage, Educate, and Empower for Equity: E4 Center of Excellence for Behavioral Health Disparities in Aging

The E4 Center measurably advances training and workforce capacity with a specific focus on the community-based implementation of evidence-based practices and programs for vulnerable older adults who experience the greatest behavioral and physical health disparities in the nation.

