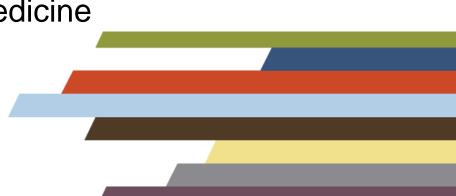


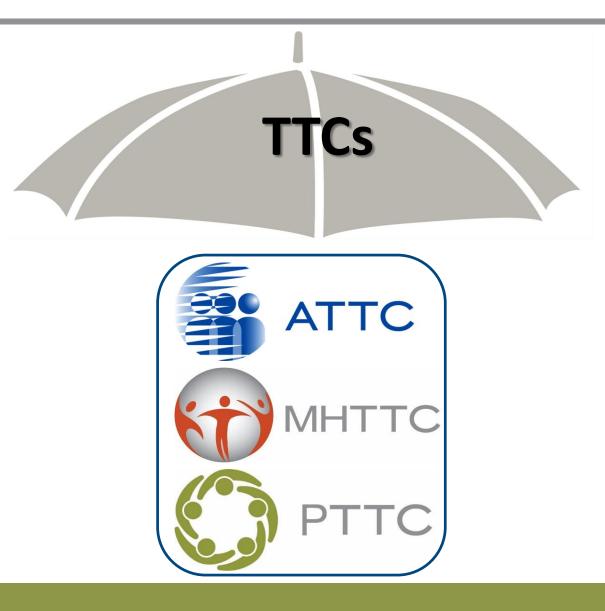
MHTTC Network

Heather J. Gotham, PhD Director, MHTTC Network Coordinating Office Clinical Associate Professor Stanford University School of Medicine





TTC Technology Transfer Centers Funded by Substance Abuse and Mental Health Services Administration





Purpose of the TTCs

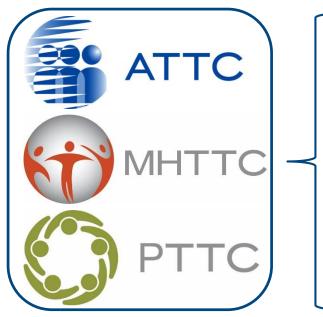


Develop and strengthen the **workforces** that provide substance use disorder and mental health disorder prevention, treatment, and recovery support services.

Help people and organizations incorporate **effective practices** into substance use and mental health disorder prevention, treatment, and recovery services.



Each TTC Network includes 13 centers.*



Network Coordinating Office

National American Indian and Alaska Native Center

National Hispanic and Latino Center

10 Regional Centers (aligned with HHS regions)

*The ATTC Network also includes 4 international HIV centers funded by the President's Emergency Plan for AIDS Relief.



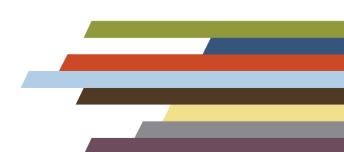
NCOs	 Network wide coordination Nationwide activities coordination Main platform for training access Liaison for national and international focused activities
National Focus Area Centers	 Serve as center of excellence/subject matter expert for specific populations nationally Support national stakeholders/entities that focus on specific populations Provide support for regional TTCs Collaborate with Network Coordinating Office for nationwide activities
Regional Centers	 Develop & implement regional approach for workforce dev. activities Coordinate with Network Coordinating Office for nationwide activities Coordinate with national TTCs to support specific pops in regions Collaborate with SAMHSA Reg. Admins to support the region

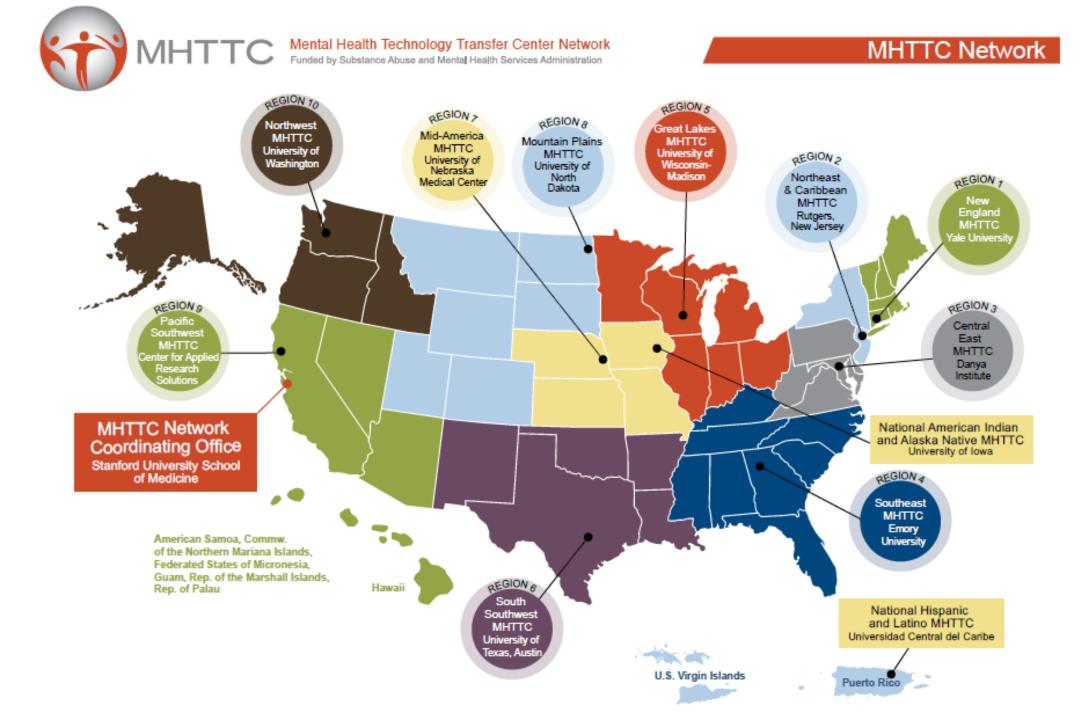


MHTTC Network

- The MHTTC Network accelerates the adoption and implementation of mental health related evidence-based practices across the nation
- Funding for this 5-year project began on August 15, 2018.
 - Regional Centers \$750K/yr + \$500K/yr for School Mental Health Supplement
 - National Focus Area Centers \$500K/yr + \$500K/yr for School Mental Health Supplement
 - Network Coordinating Office \$600K/yr + \$300K/yr for School Mental Health Supplement
- www.mhttcnetwork.org









How We Provide Training and TA

- Rather than a TA request model, the TTCs have yearly workplans developed through needs assessments, advisory boards, and input from key stakeholders including state MH directors and SAMHSA Regional Administrators
- Centers consider:
 - Spread of services across the region/population
 - Intensity of services: universal, targeted, and intensive
 - Flexibility to respond to emerging needs
- Implementation science informs training and TA strategies
 - Consider the context what is really needed to move an evidence-based practice forward?
 - Organizational development, systems work, policy, training, technical assistance
 - Use implementation strategies specific to the need
 - Maximize impact on service delivery systems



MHTTC Network's Areas of Focus

 Centers have multiple areas of expertise; the area of focus is a specific topic for which Centers serve as consultants to the Network, develop national products, host topic area on website.

MHTTC Center	Area of Focus
National American Indian & Alaska Native MHTTC	Culturally informed, EBPs in treatment and assessment of mental health disorders in Native populations
National Hispanic & Latino MHTTC	Mental health promotion, prevention, intervention, and recovery support services for Hispanic and Latino populations
New England MHTTC	Recovery-oriented practices, including recovery support services
Northeast & Caribbean MHTTC	EBPs for serious mental illness (SMI): supported employment, illness management & recovery, supported housing, and supported education
Central East MHTTC	Suicide prevention in the context of race, ethnicity, age and sexual orientation
Southeast MHTTC	Population-based approaches to managing SMI
Great Lakes MHTTC	Process improvement for mental health care delivery systems
South Southwest MHTTC	Early childhood mental health
Mid-America MHTTC	Integration of primary and mental health care
Mountain Plains MHTTC	Rural mental health
Pacific Southwest MHTTC	Youth and young adults of transitional age with or at risk for SMI
Northwest MHTTC	EBPs for psychosis including CBT for psychosis and assertive community treatment (ACT)

MHTTC Events & Products

Website has searchable calendar and products database

Back to Product & Resources listing

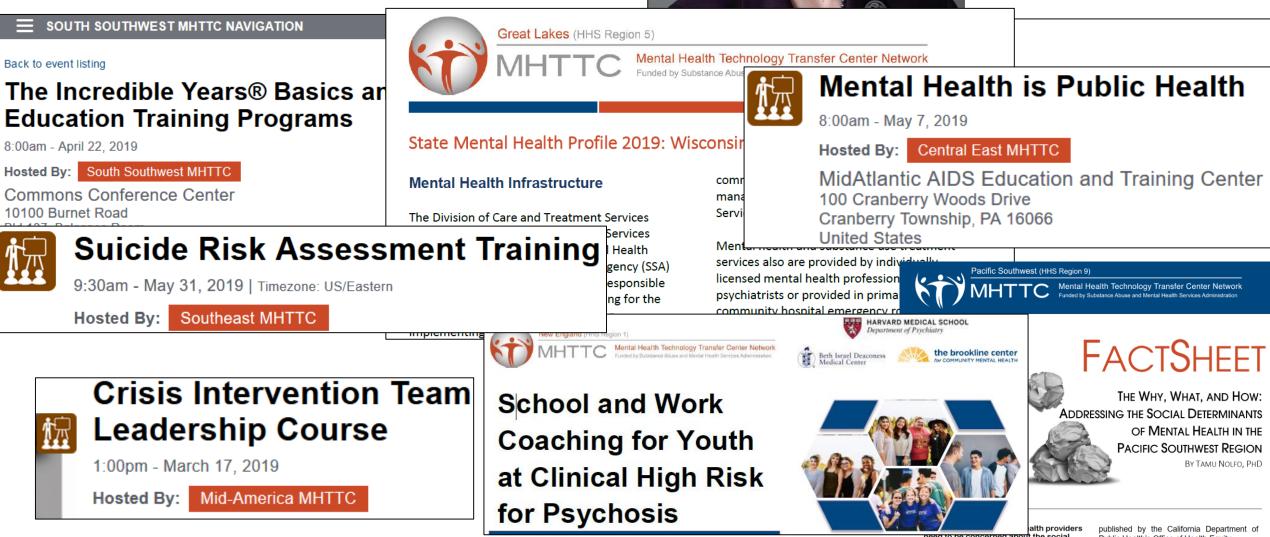


Webinar: Part 2 Older Adults and Serious Mental Illnesses

Publication Date: March 28, 2019

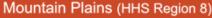
Developed By: Northeast & Caribbean MHTTC

Keywords: Evidence Based Practices | Mental Health | Older Adults | Serious Mental Illness (SMI) treatment



MHTTC Online Courses

Under Mental Health Services



Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Building Capacity of School Personnel to Promote Positive Mental Health in Children and Youth

This course trains school personnel in a mental health promotion initiative (Every Moment Counts) developed to help all children and youth become mentally healthy in order to succeed in school, at home and in the community. This work focuses on reframing mental health as a positive state of functioning – it is more than the absence of mental illness. Positive mental health is associated with feeling good emotionally and doing well functionally in everyday life. For children and youth, this means doing well during academic (classroom) as well as nonacademic (recess, lunch, after-

Northwest (HHS Region 10)



Violence Risk Assessment & Management is a self-paced e-learning course that provides the necessary tools for clinicians to assess, manage, and stabilize threats of violence in clinical settings. Participants will learn:

- Confidentiality
- Duty to Warn
- Risk Assessment and Management





• ABCs of cultural & linguistic competence

Healthe Knowledge

- School MH referral pathways
- Orientation to MH for skilled nursing home direct care staff
- Primary care providers working with people with mental illness
- CBT for psychosis
- Management of diabetes for psychiatrists



School Mental Health Initiative

- Two-year supplement
- Topics include: assessment, intervention, triage; trauma informed care, cultural competence, mental health awareness, financing, etc.
- National School Mental Health Curriculum
 - 8 modules following national school mental health quality indicators
 - Trainer & participant manuals, slide decks, 5 virtual sessions
 - Available on the website



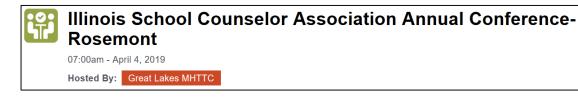
National School Mental Health Curriculum: Guidance and Best Practices for States, Districts, and Schools

Trainer Manual

Northwest Positive Behavioral Interventions and Supports (PBIS) Conference

9:00am - February 27, 2019 | Timezone: US/Pacific

Hosted By: Northwest MHTTC



Suicide Prevention Forum for Families and School Students

6:30pm - April 2, 2019

Hosted By: Central East MHTTC Severna Park High School

Pacific Southwest (HHS Region 9

Mental Health Technology Transfer Center Network Funded by Substance Abuse and Mental Health Services Administration



Creating Trauma-Informed Policies: A Practice Guide for School and Mental Health Leadership

By Leora Wolf-Prusan, EdD

How to Reach Us



www.mhttcnetwork.org





• MHTTC Pathways

Monthly eNewsletter

