



National Hispanic and Latino

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

National Hispanic and Latino Mental Health Technology Transfer Center

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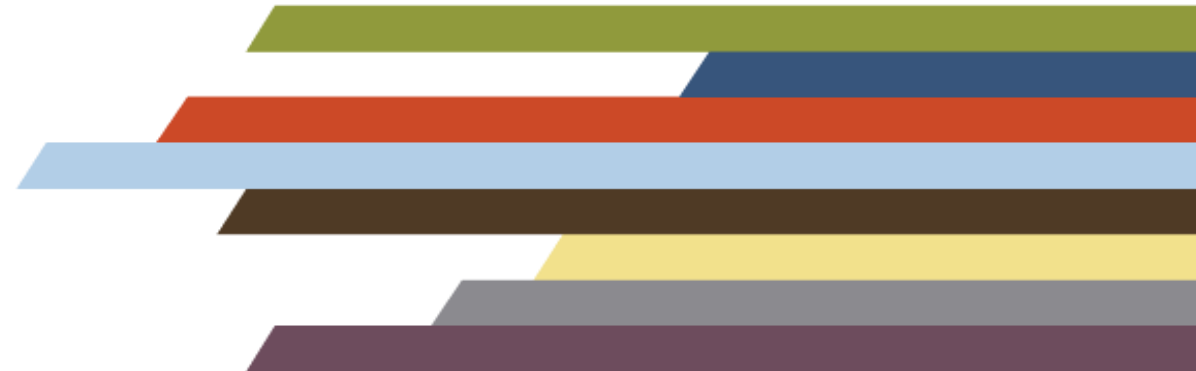
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Role of the National Hispanic and Latino MHTTC

- Key subject matter expert
- Resource
- Reduce health disparities



Goals of the National Hispanic and Latino MHTTC

- Heighten the awareness, knowledge, and skills of the workforce that addresses the needs of H/L individuals living with mental illness
- Accelerate the adoption and implementation of mental health-related evidence-based and promising practices
- Foster regional and national alliances among culturally diverse practitioners, researchers, policy makers, family members, and consumers of mental health services
- Ensure the availability and delivery of publicly available, free-of-charge training and technical assistance to the mental health field



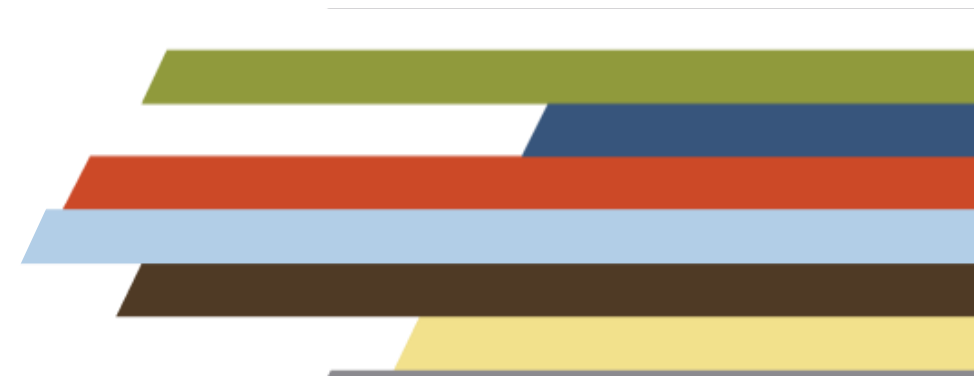
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Goals

- Build and expand the capacity of school based-services to improve the implementation of mental health services to deploy appropriate safety response and needed services for Latino youth students
- Familiarize and promote, within school systems, appropriate and adequate practices and tools, in particular those sensitive to Latino youth to foster its implementation and better address access to mental health care needs



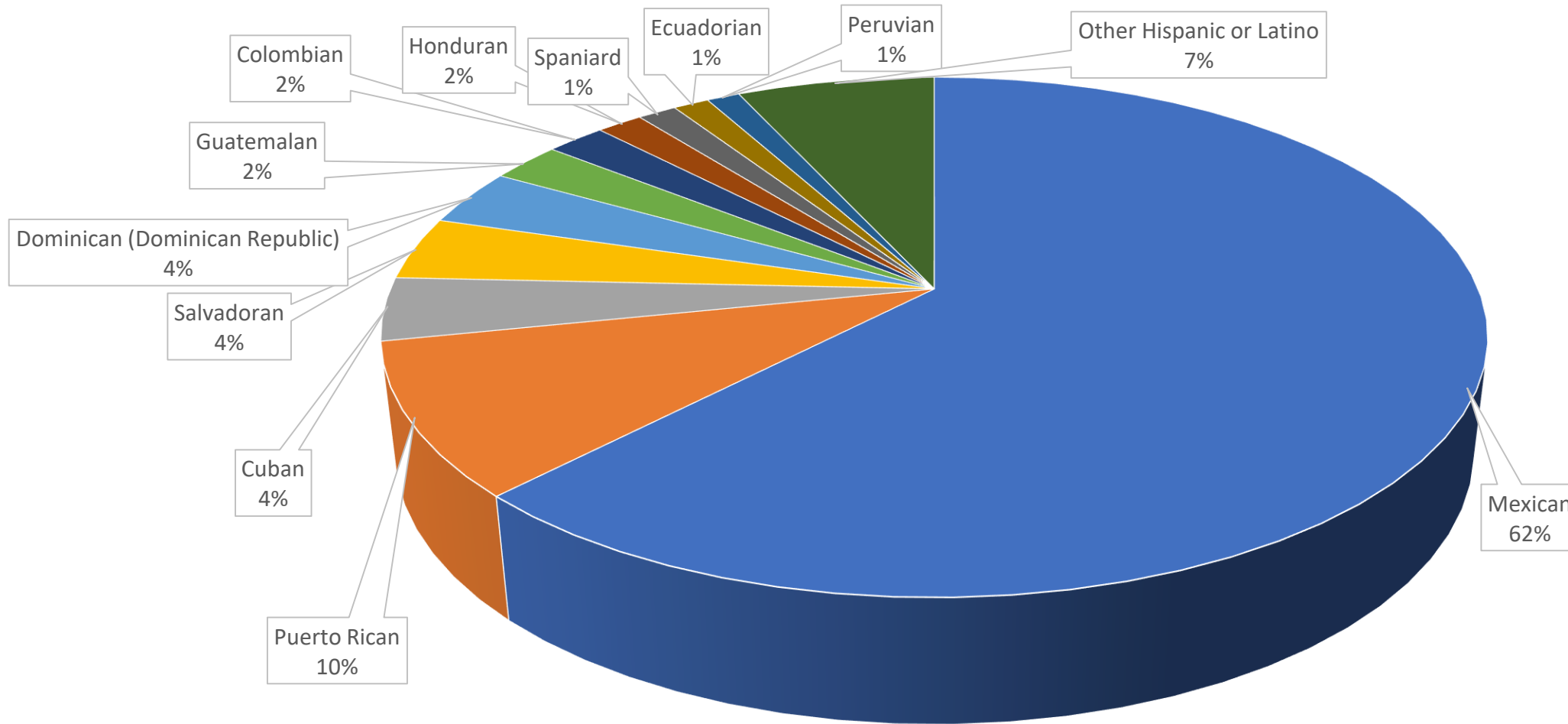
US Latino population, 2017

- 57 million
 - 18.1% of US population
 - 33.5% foreign-born
- Up to age 17: 25.2%
 - 5.6% foreign-born
- Age 18 and older: 16.0%
 - 46.3% foreign-born

Source: U.S. Census Bureau, 2017



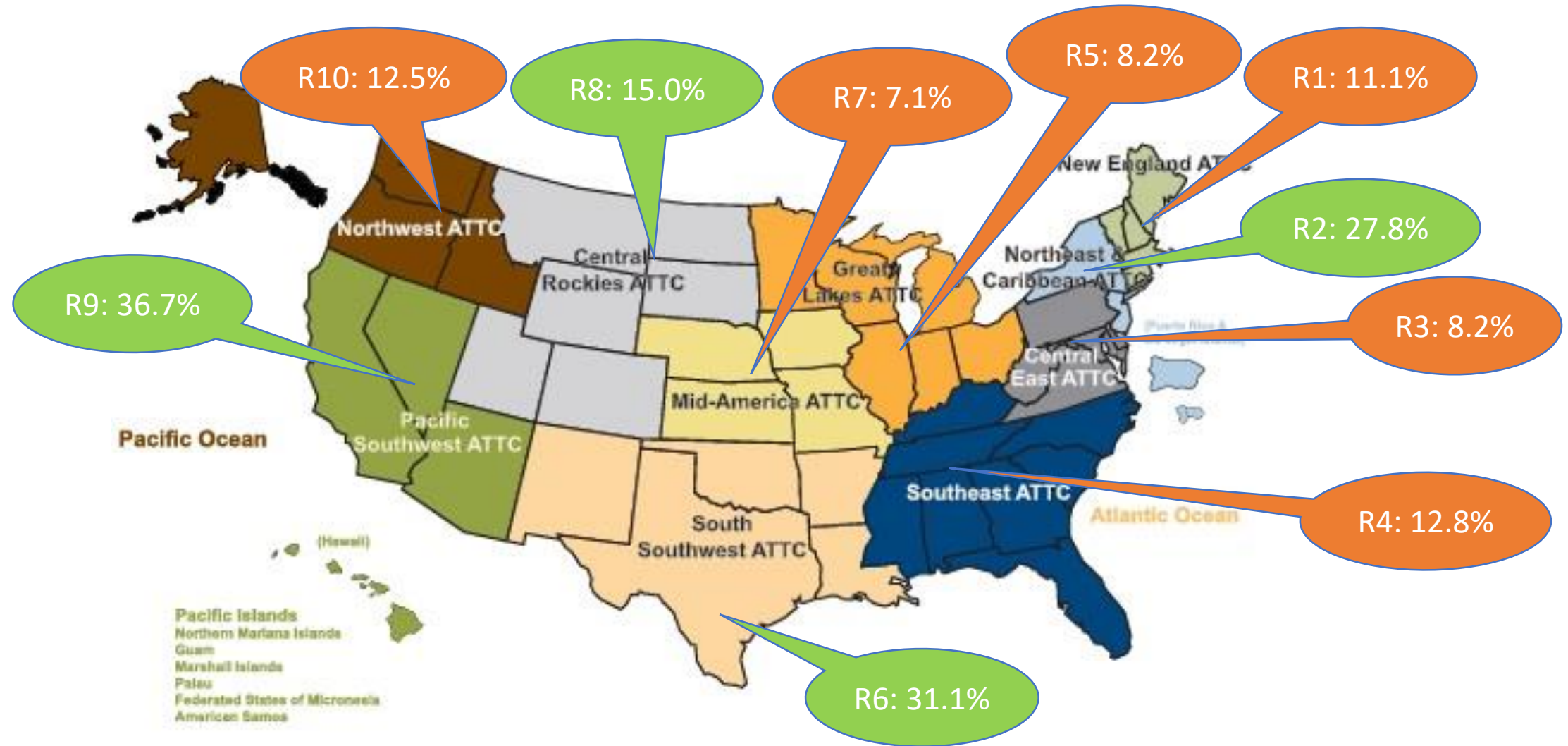
Hispanic or Latino by Origin-United States, 2017



Source: US Census Bureau (2017). 2017 American Community Survey 1- Year Estimates



Distribution of Hispanics by TTC Region

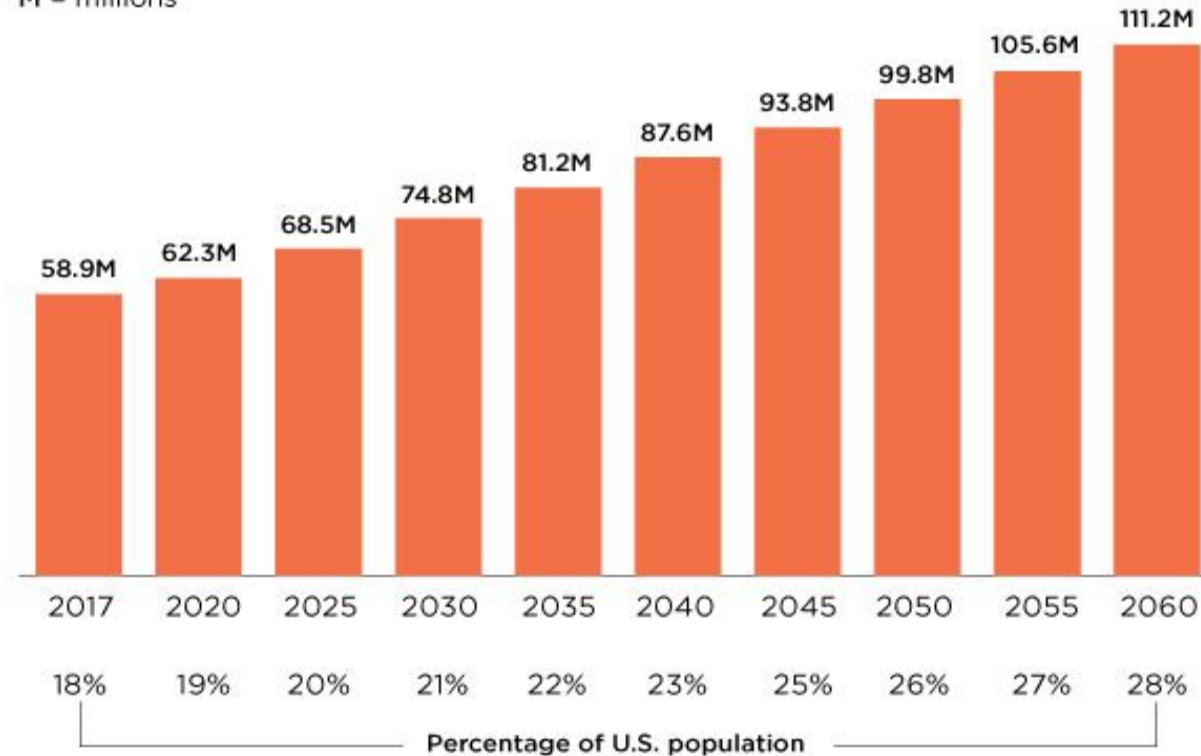


Source: U.S. Census Bureau, 2017 American Community Survey 1-Year Estimates

Hispanic Population to Reach 111 Million by 2060

Projected Hispanic Population 2020 to 2060

M = millions



United States[®]
Census
Bureau

U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU
[census.gov](https://www.census.gov)

Source: 2017 National Population Projections and
Vintage 2017 Population Estimates
www.census.gov/popest and
www.census.gov/programs-surveys/popproj.html

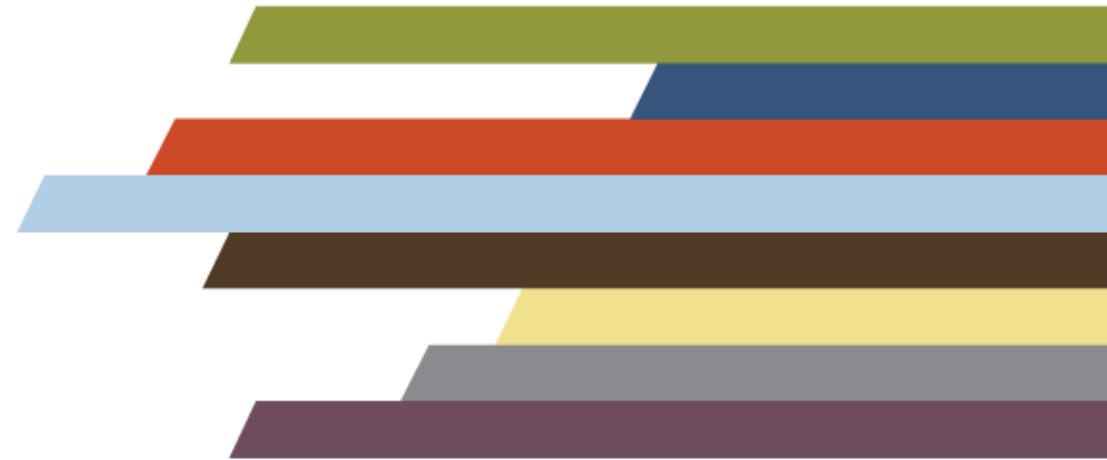


Social characteristics Latinos vs. non-Latino Whites in US

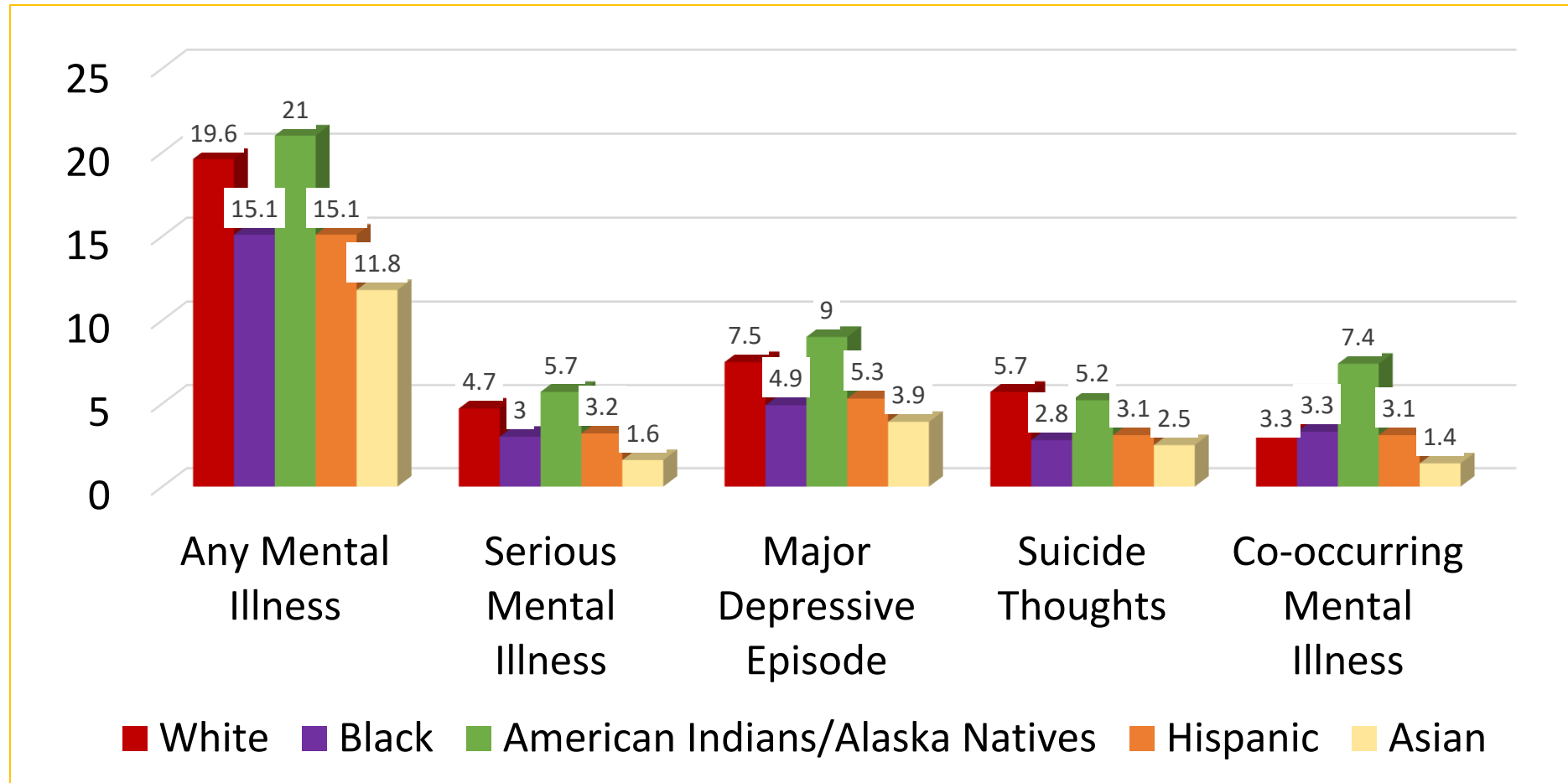
Characteristic	Latinos	Non-Latino whites
Median age, yrs	29.2	43.5
Education (age \geq 25), no diploma, %	31.3	7.1
Median individual annual income, \$	26,271	38,252
Poverty level, %	19.4	6.1
English only language spoken, %	27.9	94.4

Mental Health

15.7% prevalence of mental health disorders among Hispanics and Latinos



Mental Illness Distribution by Race/Ethnicity, 2015-2016



Source: Substance Abuse and Mental Health Services Administration (SAMHSA)'s restricted online data analysis system (RDAS)
 Survey: National Survey on Drug Use and Health: 2-Year R-DAS (2015 to 2016), [//rdas.samhsa.gov/#/survey/NSDUH-2015-2016-RD02YR/crosstab/](http://rdas.samhsa.gov/#/survey/NSDUH-2015-2016-RD02YR/crosstab/)



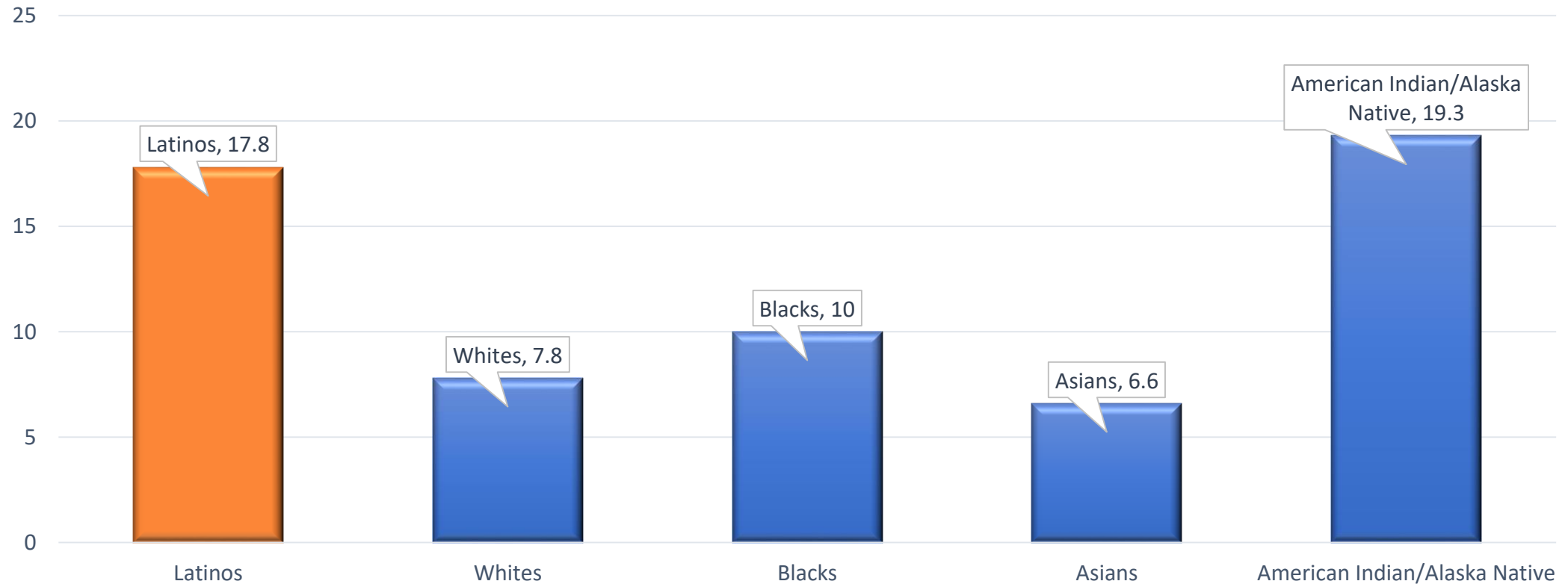
Mental Health Disorders

- Common mental health disorders among Latinos are generalized anxiety disorder, depressive disorders, posttraumatic stress disorder, and substance use disorders. Also, Latina high school girls have high rates of suicide attempts.
- As a community, Latinos are less likely to seek mental health treatment.

Source: NAMI, 2019



Health Uninsured Percentage by Race/Ethnicity United States, 2017

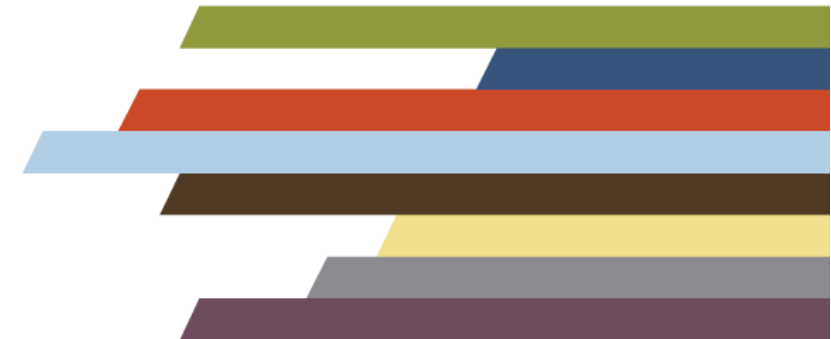


Disparities

- Hispanics and Latinos are underrepresented in professions related to behavioral health.
- Access is hindered by the fact that a significant number of Hispanics and Latinos are uninsured.

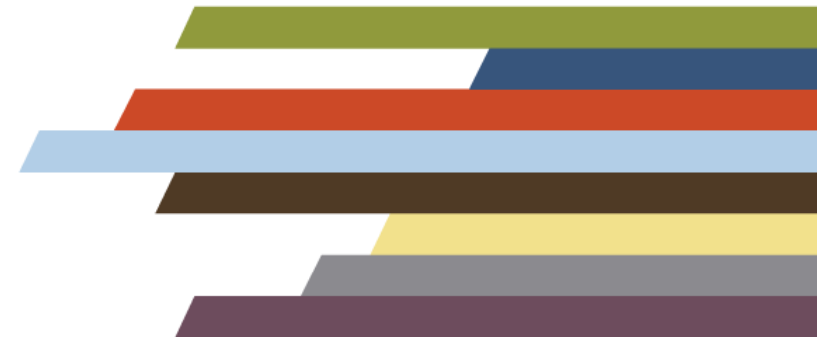


Source: Chapa & Acosta, 2010; Clemens-Cope, Kenney, Buettgens, Carroll & Blavin, 2012



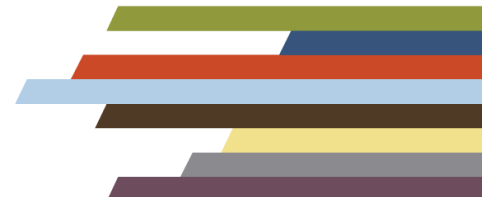
Mismatch between Needs and Available Service Models

- Reduced access
- Low retention rates
- Absence of effective community strategies



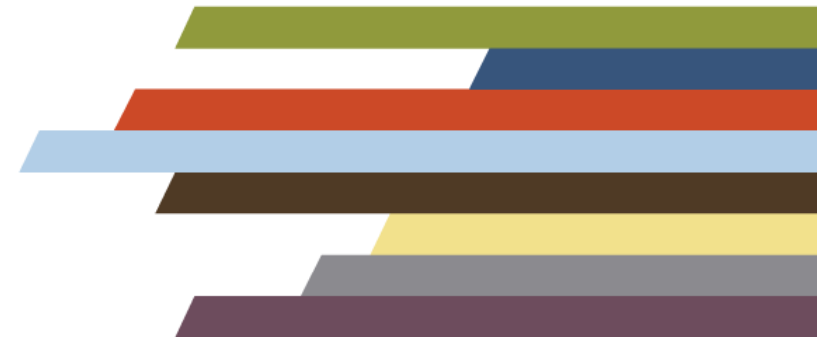
Collaborations

CENTER	COLLABORATION
South Southwest MHTTC	✓ Hosted 2 of our ToTs
South Southwest ATTC	<ul style="list-style-type: none"> ✓ Latina Empowerment Symposium- IRESA ✓ Cultural Elements Training- IRESA
Great Lakes MHTTC/ATTC	<ul style="list-style-type: none"> ✓ Promotoras Training ✓ Mental Health Symposium
Northeast & Caribbean ATTC	✓ Forum on Response to Opioid Use in PR
Northeast & Caribbean MHTTC and New England MHTTC	✓ Implementing Mental Health Recovery in Hispanic and Latino Communities

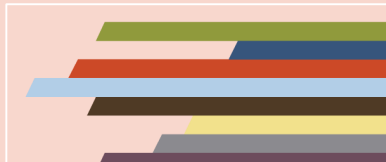


Main curricula

- Culture An Integral Part of Mental Health Services for Hispanics and Latinos
- Cultural Elements in School Based Mental Health Services for Hispanics and Latinos
- Clinical Applications of Cultural Elements in Treating Hispanics and Latinos with Mental Health Disorders

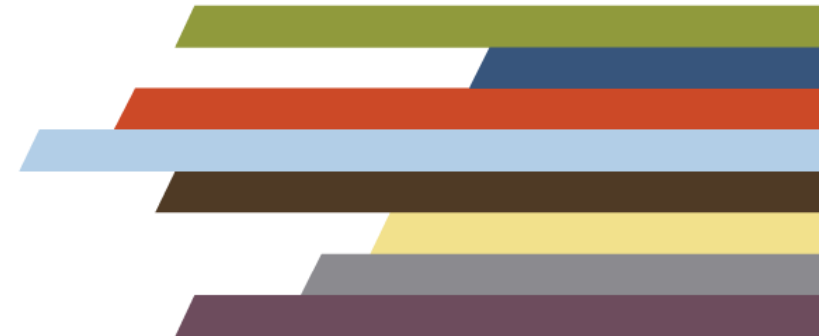


TITLE	MAIN TOPICS ADDRESSED	STATUS
<p>Culture: An Integral Part of Mental Health Services for Hispanics and Latinos</p>	<ul style="list-style-type: none"> ✓ Sociodemographic characteristics of the population ✓ Cultural values, mental health, and mental health services <ul style="list-style-type: none"> ✓ Risk and protective factors ✓ Idioms of distress ✓ Cultural Formulation Interview 	<ul style="list-style-type: none"> ✓ 18 trainers participated in our ToT ✓ The training has been offered in: VT, MA, ' and will be offered in CA, TX in the next months
<p>Cultural Elements in School-Based Mental Health Services for Hispanics and Latinos</p>	<ul style="list-style-type: none"> ✓ Sociodemographic characteristics of the population ✓ Clinical application of cultural elements in school-based settings ✓ Promising and Evidence Based Practices for School-based Mental health services 	<ul style="list-style-type: none"> ✓ 9 trainers participated in our ToT ✓ 2 trainings scheduled in NM ✓ Presentation of the curriculum at SWSBH Conference <ul style="list-style-type: none"> ✓ Training offered in CA
<p>Cultural Adaptations of Cultural Elements in Treating Hispanics and Latinos with Mental Health Disorders</p>	<ul style="list-style-type: none"> ✓ Hispanic populations ✓ Cultural Case Formulation and the use of the Cultural Formulation Interview <ul style="list-style-type: none"> ✓ Considering culture in diagnosis ✓ Developing culturally centered interventions <ul style="list-style-type: none"> ✓ Cultural values in different phases of treatment 	<ul style="list-style-type: none"> ✓ In final revision



In development

- Cultural Adaptations of Evidenced Based and Promising Practices for Hispanics and Latinos with Mental Health Needs
- Suicidal Behavior In Latino Communities



Other topics in development

- Evidenced Based Practices and Promising Practices for Hispanics and Latinos



gracias

