



Innovative Centers of Excellence Making Recovery Happen



 **wellpath**SM
RECOVERY SOLUTIONS

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Real Recovery Real Accountability

Residential Treatment Services

Specialized mental health and psychiatric care for challenging populations

Wellpath Recovery Solutions (WRS) provides specialized programs for civil and forensic psychiatric patients, including assessment, treatment planning, psychiatric services, psychosocial rehabilitation, patient and family education, counseling, and continuity of care and discharge planning in Joint Commission accredited facilities. These services help reduce the average length of stay for civil psychiatric patients while maintaining low recidivism rates; decrease the number of days to restore competency for forensic patients; increase the amount of treatment delivered to patients; and virtually eliminate restraint/seclusion.

Mission

Optimizing individual potential through caring partnerships

Values

- Continual Improvement/Innovation
- Respect
- Integrity
- Partnership

A Strong Foundation

WRS is the premier provider of behavioral, mental health, and other special needs healthcare services to state and local government agencies through public/private partnerships. Founded in 1997, WRS has grown over the past 20+ years by offering high-quality, cost effective services, state-of-the-art facility design, innovative programs, and ground-breaking treatment approaches.

WRS' management team has substantial experience and expertise that allows us to deliver mental health services in a wide continuum of settings. Working in state hospital, forensic, local detention, and civil commitment settings, we have been at the center of system transformation. In Florida, Massachusetts, Texas, South Carolina, Colorado, California, and Washington, our programs provide specialized care to individuals suffering from mental illness. We have pioneered new approaches to support successful reentry as well as diversion from the criminal justice system for persons suffering from primary, persistent and serious mental illnesses.

What We Offer

- Facility Operations
- State Civil/Forensic Mental Health Facilities
- State Sex Offender Treatment Facilities
- Correctional Mental Health Services
- Facility Design
- Infrastructure Financing
- Turnkey Construction



From Our CEO

WRS was formed more than 20 years ago, based on the belief that individuals suffering from mental illness can and do recover. Too often the most vulnerable among us find themselves without access to the care and services they need. As a result, they cycle through our nation's jails, prisons, and mental institutions without ever receiving the specialized assistance they need to affect positive and lasting change in their lives.

WRS' mission is to help these individuals to achieve more productive, satisfying lives by providing patient-centered, recovery-oriented treatment. All individuals deserve to be treated with dignity and respect, and WRS is committed to providing those we serve with the support they need to recover.

We measure our success not just in statistical outcomes, but also in the difference we make in the hearts of the people we serve. It is not just about the services we provide, it is about who we are as a company.

Jorge Dominicis
Chief Executive Officer, Wellpath



Services & Facility Operations

An overview of WRS' expertise and our experience in operating residential treatment facilities.

Forensic Mental Health

Operate forensic psychiatric treatment facilities providing mental health assessments and psychiatric rehabilitation to individuals declared incompetent to proceed to trial or found not guilty by reason of insanity.

South Florida Evaluation & Treatment Center - Florida City, FL
249 Bed Forensic Hospital

Treasure Coast Forensic Treatment Center - Indiantown, FL
224 Bed Forensic Treatment Facility

Montgomery County Mental Health Treatment Facility -
Conroe, TX
100 Bed Forensic Mental Health Facility

Bridgewater State Hospital - Bridgewater, MA
225 Bed Forensic Hospital

Columbia Regional Care Center - Columbia, SC
354 Bed Forensic/ Specialty Medical Facility

Maple Lane Competency Restoration Program - Centralia, WA
30 Bed Forensic Treatment Facility

Civil Mental Health

Operate civil psychiatric hospitals for individuals with severe and persistent mental illness that are involuntarily committed when community treatment alternatives are no longer effective.

South Florida State Hospital - Pembroke Pines, FL
350 Bed Civil Psychiatric Hospital

Sex Offender Treatment

Operate sex offender treatment facilities that provide programming and care for sex offenders. This includes treatment to sex offenders in prison and those that have completed their prison terms and are civilly committed because they are pre-disposed to commit violent sexual acts that endanger the health and safety of others.

Florida Civil Commitment Center - Arcadia, FL
720 Bed Sexually Violent Predator Civil Commitment Facility

South Carolina SVP Treatment Program - Columbia, SC
268 Bed Sexually Violent Predator Civil Commitment Facility

Jail-Based Competency Restoration

Jail-based restoration typically keeps defendants closer to their communities of origins and provides significant cost savings compared to inpatient forensic treatment.

Colorado RISE Program - Centennial, CO
96 Bed Competency Restoration Unit

Colorado RISE Program - Boulder, CO
18 Bed Competency Restoration Unit

Kern County AES Center Program - Bakersfield, CA
60 Bed Competency Restoration Unit



The Wellpath Advantage

When it comes to hiring a company to operate a secure treatment facility, WRS is the clear choice based on its successful experience, track record, and history of trusted government partnerships.

Factors that Differentiate and Establish WRS as an Industry leader:

Unmatched Experience

- 20+ years of experience successfully operating Residential Mental Health facilities
- In-house design, construction, and facility maintenance team has been involved in the development of construction and renovation projects valued in excess of \$200 million
- Corporate resources to oversee and ensure project success

Proven Track Record

- Understands success of project hinges on developing true partnership with clients - all WRS contracts involve public/private partnerships

Leading Innovator

- Developed proprietary software specific to management of individuals in large scale institutions including resident management and the Serious Incident Reporting System
- First state hospital in Florida to implement electronic medical records
- Developed proprietary resident facial recognition tracking system

ACCOMPLISHMENTS

- Significantly reduced average length of stay for civil psychiatric patients while maintaining low recidivism rate
- Decreased number of days to restore competency for forensic patients
- Initiated Crisis Intervention Training (CIT) training for security staff
- Introduced recovery culture using treatment mall approach
- Virtually eliminated restraint / seclusion
- Constructed new state-of-the art facilities – cost for WRS to build and operate the new facility is less per bed than state was previously spending to operate the old facility
- Increased amount of treatment delivered to patients
- Dramatically increased civil and forensic bed utilization rate
- Achieved and maintain Joint Commission accreditation

Facility Design, Construction, and Financing

WRS has been a national leader in the architectural design of forensic, civil mental health, sex offender and residential treatment facilities since 1997. We have been involved in the development of several hospital construction and renovation projects valued in excess of \$200 million.

Each project development team includes residential treatment facility designers and experts in clinical care, programming, mental health services, security, medical, food, offender programs, facility maintenance, information technology and other areas. This team of experts is involved in every phase, from conceptual design through final development, before assuming responsibility for actual facility operations. This unique approach of operational experts working alongside design and construction experts, results in a well-developed, efficient facility suitable for its intended use and reasonable in cost to construct and operate.

Our design group is recognized as the premier development company for residential treatment facilities. Our reputation has been earned through a management philosophy that emphasizes security, functionality, durability, and cost effectiveness.



Success Stories



We are setting the standard for effective, efficient, and quality care.

The following are some highlights of our achievements.



South Florida Evaluation & Treatment Center Center



South Florida Evaluation & Treatment Center (SFETC) is a 249-bed forensic psychiatric hospital in Miami-Dade County, Florida. WRS began operating the former SFETC facility in downtown Miami, Florida in 2005 while simultaneously constructing a state-of-the-art replacement facility, at no additional cost to the state, that opened in Florida City, Florida in April 2008.

- Virtually eliminated restraint and seclusion
- Initiated Crisis Intervention Team training for all security staff
- Increased clinical programming from 4 days per week to 7 days per week
- Established evidence based practices
- Initiated Family to Family Support Groups in conjunction with the National Alliance for the Mentally III (NAMI) Miami-Dade
- Improved time to restoration of competency
- Improved outcomes for NGRI population
- Developed strong relationships with community providers, courts, and advocates
- Within 3 months of operations, received Joint Commission accreditation, with reaccreditation achieved in new campus in May 2009
- Recruited, screened, and trained approximately 325 employees in advance of opening the new facility

Montgomery County Mental Health Treatment Facility

Montgomery County Mental Health Treatment Facility (MCMHTF) is a secure 100-bed forensic hospital in Conroe, Texas. MCMHTF commenced operations in March 2011 and achieved Joint Commission accreditation within 90 days of the facility's opening. In conjunction with Montgomery County Officials and the Texas Department of State Health Services, WRS has created a secure and therapeutic environment which fosters recovery, community and criminal justice partnerships, and continuity of care.



- Successful Joint Commission accreditation survey within 90 days of opening and received accreditation on July 26, 2011
- Established Hospital Advisory Board comprised of community leaders representing health care, education, elected officials, and other community leaders
- Partnerships with Montgomery County Commissioner's Court Initiated Electronic Medical Records that replicates system used by Texas State Hospitals
- Interviewed, hired, and oriented 175 new staff in 120 days
- Admitted 95 patients directly from Texas jails within first three months of opening



Success Stories

South Florida State Hospital



South Florida State Hospital (SFSH) is a 350-bed psychiatric facility with 70 step-down forensic beds in Pembroke Pines, Florida. In addition, 44 of the civil commitment beds are currently occupied by individuals who have been determined to be non-restorable and requiring continued hospital treatment. WRS assumed management of the old hospital in 1998 and achieved Joint Commission Accreditation within 10 months, while simultaneously constructing a new hospital for the State of Florida.

- Each patient has an individualized treatment plan prepared in consultation with that person, family members, friends, and others who are part of the person's support system
- Continuum of Care includes reentry into the community. All patients are provided with follow-up care and coordination with other community based services that help the individual manage his or her disability and continue the recovery process
- Academic affiliation with Nova Southeastern University Medical School for psychiatry rotation and pharmacy resident program
- Accredited American Psychological Association training site
- Dramatically improved bed utilization rate, allowed closure of another state hospital, which increased the service delivery (catchment) area
- Lowest cost of Florida State civil hospitals (OPPAGA Legislative report 2010)
- Virtually eliminated restraint and seclusion
- Class-action lawsuit dismissed after WRS assumed operations
- Involved advocate community in the overall management and monitoring the facility
- Smooth transition of 300 state employees from public to private operator without any disruption in service
- First state hospital in Florida to implement electronic medical records
- Successful implementation of the Boston Center for Role Recovery Process with the emphasis on staff training and the goal of enabling patients to return to the community.

Columbia Regional Care Center

Columbia Regional Care Center (CRCC) is the only forensic/ specialty medical healthcare facility in the United States. Accredited by the National Commission on Correctional Healthcare (NCCHC), CRCC is a 354-bed facility offering sub-acute, skilled, intermediate and hospice care for conditions such as AIDS, cancer, cardiac disease, and kidney dialysis, mental health, and special needs programs for residents. In 2001, WRS partnered with the South Carolina Department of Mental Health, Forensic to provide 178 forensic beds, nursing care, security, chaplains, medical care and a drug formulary for all state forensic mental health patients to include individuals determined to be incompetent to proceed or not guilty by reasons of insanity for the State of South Carolina. This distinct part of the CRCC, which received Joint Commission Accreditation in 2010, is operated in partnership with the South Carolina Department of Mental Health and Bryant Psychiatric Hospital.



- Assisted South Carolina Department of Mental Health in removing contempt charges for not providing timely forensic services to the county jails
- Implemented computerized preventative maintenance program
- Established pastoral counseling services and Bible study
- Awarded National Commission on Correctional Health Care (NCCHC) 2012 Program of the Year award
- Assisted South Carolina Department of Mental Health to secure initial Joint Commission accreditation for 178 forensic beds

Treasure Coast Forensic Treatment Center



Treasure Coast Forensic Treatment Center (TCFTC) is a 224-bed forensic psychiatric facility in Indiantown, Florida. TCFTC is Joint Commission accredited and provides aggressive, appropriate mental health treatment to residents found incompetent to proceed or declared not guilty by reasons of insanity. WRS opened TCFTC in an abandoned state building in 2007, alleviating a forensic bed shortage.

- Within 40 days of signing a contract, renovated, retrofitted, and rehabilitated the facility and recruited and trained 240 new staff
- Reduced state's forensic waiting list to zero within three months of contract commencement
- Psychology internship affiliated with Nova Southeastern University, Alliant University, Argosy University, and Carlos Albizu University
- Social Work internships affiliated with Florida State University, Barry University, Florida Atlantic University, and Walden University
- Achieved Joint Commission Accreditation within one year of commencement
- Little to no use of restraint and seclusion
- Surpassed all the performance requirements identified by Florida Department of Children and Families since assuming operations
- Developed strong relationships with community providers, courts, and advocates

Florida Civil Commitment Center

Florida Civil Commitment Center (FCCC) is a 720-bed civil commitment facility for sexually violent predators (SVP) in Arcadia, Florida. FCCC is the second largest SVP Program in the nation, has specialized mental health beds, and was one of the first SVP Programs to adapt its treatment philosophy to the Risk/Needs/Responsivity and Good Lives models. WRS has operated FCCC since 2006, and this program has been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) since 2010.

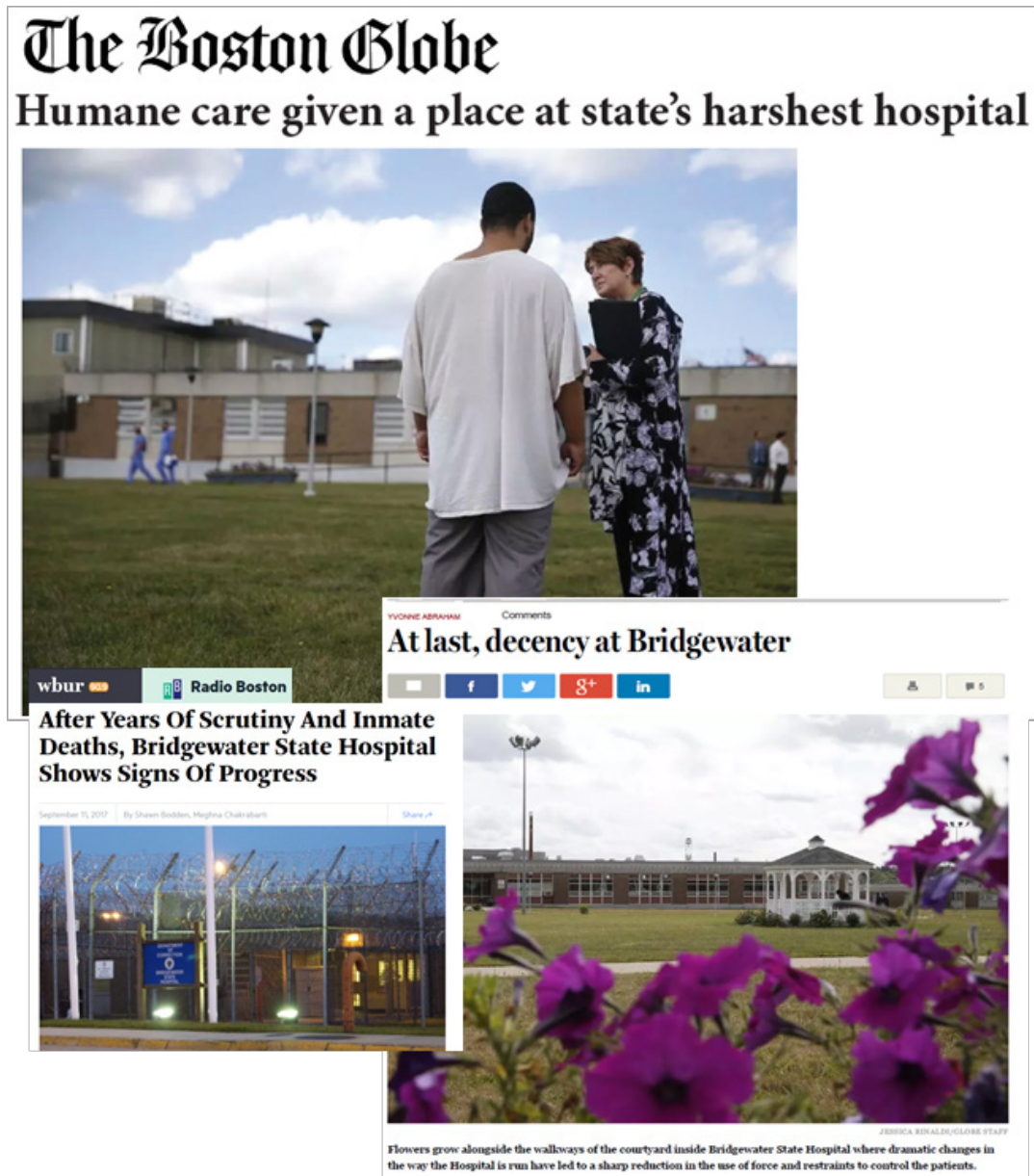
- New (2009) \$62M state-of-the-art facility at no additional cost to State
- Moved 650 residents from old to new facility without incident
- 10 hrs/week of exemplary sex offender specific treatment program for 260 consenting residents
- Implemented 4 hours per week of Moral Reconciliation Therapy to 150 previously non-participating residents
- Assumed operations in 17 days, including hiring 170 incumbent staff
- Assessed all 550 residents and assigned a Recovery Grade to assist in determining level of mental health functioning and programming needs
- Specialized programming for high psychopathy and special needs residents
- Inpatient mental health unit
- Lawsuit dismissed – one of the only SVP programs to successfully defend constitutionality of program



Bridgewater State Hospital

Bridgewater State Hospital (BSH) is a 225-bed forensic psychiatric hospital in Bridgewater, MA. BSH is Joint Commission accredited and provides aggressive, appropriate mental health treatment to residents found incompetent to proceed or declared not guilty by reasons of insanity. WRS assumed operation in March 2017. News coverage of our success at BSH is shown below.

- Interviewed, hired, and completed orientation for 400+ staff within 60 days
- Dramatic reduction in use of restraint and seclusion by more than 95% within first 60 days of assuming operations
- Implemented evidence-based programming, including cognitive behavior therapy, dialectical behavior therapy, and illness management and recovery
- Implemented our electronic medical record to manage residents care in the treatment program
- Collaborated with DOC on plan to renovate physical plant to provide a more therapeutic treatment environment



The Boston Globe
Humane care given a place at state's harshest hospital

At last, decency at Bridgewater

After Years Of Scrutiny And Inmate Deaths, Bridgewater State Hospital Shows Signs Of Progress

September 16, 2017 | By Shawn Bobbin, Meghan Chakrabarti

Flowers grow alongside the walkways of the courtyard inside Bridgewater State Hospital where dramatic changes in the way the Hospital is run have led to a sharp reduction in the use of force and restraints to control the patients.

Colorado RISE Program - Arapahoe and Boulder Counties

Colorado RISE Program (RISE) is a 96-bed jail-based competency evaluation and restoration program in the Arapahoe County Detention Facility and an 18-bed jail-based competency restoration program in the Boulder County Jail. This program began receiving patients from counties in and around the Denver Metro area in 2013 and has since expanded to accept patients from throughout Colorado.

- Implemented first jail-based competency restoration program in Colorado
- Program includes use of peer support and specialized re-entry support
- Partnered with University of Colorado at Denver Forensic Fellowship Program to provide rotations for psychiatric fellows
- Established Stakeholder Board
- Presented data demonstrating program effectiveness at multiple national conferences
- Implemented our electronic medical record to manage patient care in the treatment program

RIISE

RESTORING INDIVIDUALS
SAFELY AND EFFECTIVELY



Kern County AES Center Program



Kern County AES Center Program (AES Center) is a 60-bed jail-based competency evaluation and restoration program in Bakersfield, CA. WRS provides all programmatic elements to individuals found incompetent to stand trial. WRS assumed operation in April 2018.

- Implemented first Admission, Evaluation, and Stabilization (AES) Center in California
- First jail-based competency treatment program to achieve Institute for Medical Quality (IMQ) accreditation
- Program includes use of peer support and competency intervention specialists
- Interviewed, hired, and oriented 50+ new staff within 60 days
- Pilot site for the Department of State Hospital's BHAM system, electronic resident management system, for the State of California
- Implemented our electronic medical record to manage patient care in the treatment program

Maple Lane Competency Restoration Program



Maple Lane Competency Restoration Program (MLCRP) is a 30-bed competency restoration program located in Centralia, WA. WRS began accepting residents in April 2016, and provides all programmatic elements for individuals found incompetent to stand trial. All support services to include security, janitorial, facility maintenance, laundry, and food services are provided by the State.

- Virtual elimination of restraint and seclusion
- Implemented trauma-informed care
- Achieved licensing and certification prior to opening
- Established Governing Board
- Developed positive working relationships with the State Department to ensure safe, effective, therapeutic program for residents with seamless support of State staff
- Implemented our electronic medical record to manage resident care in the treatment program

South Carolina SVP Treatment Program

South Carolina SVP Treatment Program (SVPTP) is a 268-bed civil commitment facility for sexually violent predators in Columbia, SC. WRS assumed operation in 2016 of the SVP program housed in the Broad River Correctional Facility while simultaneously arranging for public sector financing of a replacement facility, designing, and constructing a state-of-the-art 268-bed treatment center.

- Within 60 days of contract award, interviewed, hired, and oriented 120+ new staff
- Implemented WRS Sex Offender Treatment Program on first day of operations
- Designed a therapeutic, state-of-the-art replacement facility
- Implemented our electronic medical record to manage resident care in the treatment program



Clinical Best Practices



- Illness Management and Recovery Model of Care
- Evidence-Based Pharmacological Management & Treatment
- Integrated Treatment for Co-Occurring Mental Illness and Substance Abuse
- Electronic data collection and reporting technology tool
- Mandt Training[®]
- Minkoff's Dual Diagnosis program
- Wellness and Recovery Model
- Dialectical Behavioral Program
- Beck Hopelessness, Depression and Suicide Scales
- HCR-20 for assessment of risk
- Peer support model
- Trauma Informed Care
- Cognitive-Behavioral Treatment

Partnership Benefits

The private sector performs many tasks with greater efficiency and cost-effectiveness than governmental entities, including hospitals operations. Listed below are some of the reasons why a public / private partnership with WRS would be beneficial.

- Proven track record of dramatically enhancing the quality of care after assuming operations
- Performance-driven contracts
- Corporate resources ensure success and provide necessary oversight to ensure that individuals receive the level of care they deserve
- Seamless integration into state system: WRS and state run facilities report to same agency leaders
- Maximize state resources and other funding sources
- Streamlined management and decision making
- Greater use of innovative treatment approaches and latest technology – electronic medical records, biometric scanning for timekeeping, elimination of restraint/seclusion
- Ability to recruit industry’s most experienced and effective leaders
- Achieve and maintain accreditation
- Staff rewarded based on merit – including bonuses and spot awards programs
- Greater opportunity for staff advancement
- Positive work environments and high employee morale
- Avoided potential conflict of interest with state employees at central office monitoring state employees at the facility
- Quick and flexible in order to respond effectively to immediate needs of staff and patients
- Capitated fixed rate contract eliminates uncertainty of a state run facility’s budget
- Implementation of private sector management techniques, such as electronic scheduling and overtime management



The Partnership Works

“[WRS] has worked well with the Department to improve the forensic system.”

- Bob Butterworth,
Former Secretary, Florida Department of Children and Families

“I’ve been on record as saying for a long time that this [South Florida State Hospital public/private partnership] is not something that I addressed with any degree of enthusiasm. In fact, I was quite distressed with the idea. I’ve also been very clear on record that I was wrong.”

- Anita Godfrey,
President & CEO, Broward County Mental Health Association

“We have been asked many times if it (South Florida State Hospital) has improved, yes, it has improved. From the beginning and over time, [WRS] has made management decisions and has improved the relationship between the hospitals and families.”

- Evelyn Miller,
President of NAMI Broward County Inc.

“I didn’t think they’d be able to make the changes they’ve made, but they have the right philosophy and what they’ve done in five months is astounding.”

- Christine Griffin,
Former Executive Director of Disability Law Center

Contact Us

For additional information or any questions, please contact:

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